

NEW PATIENT HISTORY FORM

Name _____ Date _____

Please help us provide you the best healthcare by completing this short questionnaire.

What brings you to the office today? _____

What are your preferred gender pronouns?

She, her, hers, herself
 He, him, his, himself
 They, them, theirs, themselves
 Ze, hir, hers, himself
 Just my name please
 Other _____

What is your Ethnicity/Ancestry?

Ashkenazi Jewish
 Asian
 Black / African American
 French Canadian
 Hispanic / Latinx
 Mediterranean
 Native American or Alaska Native
 Pacific Islander or Native Hawaiian
 Sephardic Jewish
 White / Caucasian
 Other _____

What Medications are you currently taking? (Please list each medication and your current dose)

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

Do you have any of the following Health Problems?

Asthma	Y	N	Migraines / Headaches	Y	N
High Cholesterol	Y	N	Anxiety	Y	N
High Blood Pressure	Y	N	Depression	Y	N
Heart Disease	Y	N	Postpartum Depression	Y	N
Diabetes	Y	N	Other	Y	N
Thyroid Issues	Y	N	Please list: _____		

Do you have Allergies to any medications? Y N

If yes, please list: _____

Obstetric & Gynecologic History

Date of your last menstrual period _____

Do you have any concerns about your periods? _____

Do you use a method of contraception? Y N
 If yes, please indicate which type: _____

Do you have sex with men, women, or both? _____

Do you have a history of any sexually transmitted infections? Y N
 If yes, please indicate which ones: _____

Date of your last Pap Smear _____

Do you have a history of abnormal pap smears? Y N

Did you receive the HPV / Gardasil vaccine? Y N

Date of your last mammogram _____

Have you had an abnormal mammogram? Y N

Have you had a breast biopsy or surgery? Y N

Have you ever been pregnant? Y N

Have you ever had any Surgery? (Please list)

1. _____ 3. _____

2. _____ 4. _____

Do you have a Family History of any of the following? (If yes, please list which family member)

Breast cancer	Y	N	_____	High Cholesterol	Y	N	_____
Ovarian cancer	Y	N	_____	Heart disease	Y	N	_____
Uterine cancer	Y	N	_____	Diabetes	Y	N	_____
Colon cancer	Y	N	_____	Stroke	Y	N	_____
Pancreatic cancer	Y	N	_____	Thyroid disorders	Y	N	_____
Melanoma	Y	N	_____	Bleeding Disorders	Y	N	_____
High Blood Pressure	Y	N	_____	Blood Clotting Disorder	Y	N	_____

Social History

Do you drink Alcohol? Y N
 If yes, how many drinks per week? _____

Have you ever felt the need to cut down on drinking? Y N

Do you smoke Cigarettes or Vape? Y N
 If yes, how many per day? _____

Do you use marijuana? Y N

Do you use any other recreational drugs? Y N
 If yes, please specify _____

What is your occupation? _____

Do you exercise? Please specify how often and what type: _____

Are you currently single, in a relationship, engaged, married, divorced, or widowed? (Please circle)